



Elizabethtown Social Center
7626 US Route 9, NY 12932
(518) 873-6408

Adult Basketball League

Starting July 10th - Ending August 7th
Wednesdays 6pm-8pm

The Center agrees to provide this programming to offer an opportunity for community members to **get exercise and have fun.**

In return, the Center requires players to abide by the guidelines in order to have ***a safe environment where all players are welcome and participate.***

Rules:

- Age requirements 18 years old and above.
- Game series best of 3
 - First to 15 points (win by 2)
 - Points for baskets are 1's and 2's (for 3 pointers)
 - Team Compositions (2v2, 3v3, 5v5 max) and games are determined on turn out.
 - First possession: Teams take turns shooting from the 3 point line. The first team to miss after a make is on defense.
 - Losers outs: the team that just got scored on gets the next possession.
 - Call your own plays - this includes travel, carry, and especially fouls.
 - Games will use half court
 - The ball Must be cleared (outside 3 point line) after every change of possession.
 - Ball must be checked on top of the 3 point line before play begins again.
- Each team is to play a minimum of 2 games each night
- After each team has played their allotted # of games, the courts are open to mix the teams up or play uncounted games.
- Records will be kept of wins and losses by each team which will determine seeds in a bracket for our final night of basketball.
- Poor sportsmanship may result in disqualification and/or removal from the ground and potential removal of an entire player's team.
- Respect the facilities, the grounds, each other and yourself. Take out what you bring in.



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**This is a recreational league, use common sense, don't be a jerk and have fun.
When in doubt or dispute, refer to the rules, and remember, it's just a game.**

Concerns and questions about Social Center-sponsored adult recreational programs, please contact our Recreation Coordinator Steven Walsh. Any issues, resolved or not, should be brought to the attention of the Social Center at 518 873-6408.

Name (Print): _____

Email: _____

Address: _____

Phone: _____

I agree to the guidelines from the Elizabethtown Social Center. I realize that there are certain dangers involved with participating in basketball. I hereby, for myself, heirs, executors, or assigns, waive and realize any and all claims I may have against the Elizabethtown Social Center, Inc., its representatives, successors, assigns, or any volunteer, for injury, illness, or property loss that may occur to me while competing in, traveling to, or returning from adult recreational basketball at ESC. I also certify that I am physically fit and have trained sufficiently for this activity. Furthermore, I hereby grant full permission to any and all the foregoing to use photographs, videotapes, motion pictures, recordings, or any other record of the event for any legitimate purpose.

Signature: _____ Date: _____